

## Breakfast

### The Big Oak Breakfast

2 eggs, bacon, beef sausage, mushroom and herbed tomato R52

### V The Tree Huggers Omelette

Filled with spinach, tomato and cheese R36

### Eggs Benedict

Spinach, smoked salmon and poached egg on potato latkes with hollandaise sauce R59

### V Healthier Breakfast

Flapjacks with fresh fruit, bulgarian yoghurt, muesli and honey R36

## Sandwiches

### We have a choice of freshly baked Rye, Whole Wheat Bread or Pita

#### Beef Pastrami

Served with roasted tomatoes, parmesan shavings and a mustard sauce R45

### V Grilled Vegetable

Served with vegetables, herbed feta and lettuce R45

#### Tandoori Chicken Pita

Served with shredded veg, lettuce and raita R44

## Toasted Sandwiches

Bacon, banana and cheese R40

Chicken and mayonnaise R38

V Cheese and tomato R33

## Salads

### V Roasted Vegetable Salad

Served with grilled haloumi and a basil yoghurt dressing R52

#### Nicoise Tuna Salad

Served with olives, capers, radish and boiled eggs R54

#### Chicken Salad

Infused with honey, ginger and chilli topped with cashew nuts R52

## Baked Goods

### Ask your waiter about our fresh bakes

#### Scones

Served with jam, cheese or cream R22

#### Muffins

Served with cheese and jam R20

#### Cake of the day

R24

## Something To Drink!

#### Berry Blaze Smoothie

Mixed berries, honey, mint and yoghurt R26

#### Fruit Smoothie

Mixed fruit, honey and yoghurt R26

#### Fruit Juice

R18

#### Milk Shakes

Banana Shake R25

Chocolate Shake R25

Coffee Shake R25

#### Tea

Rooibos R10

Ceylon

Earl grey

Green tea

#### Coffee

Filter R10

Cappuccino R15

Caffé Latte R15

Espresso R10

Double Espresso R12

De caf (add extra) R2

#### Hot chocolate

R20

#### Soft drinks

R10

#### Appetizer, Grapetizer

R12

#### Tomato Cocktail

R12

#### Iced tea

R14

#### Water Sparkling

R10

Still R10

**Ask your waiter about ordering whole cakes, quiches or meals for home.**

**We will be saving you time and you can focus on important duties at home.**

### **Potato Latkes**

4 potatoes (grated, press the water out)  
1 egg  
25g Onion (chopped)  
3ml Salt  
Pepper  
50g Flour  
2ml Baking powder

Mix all together, form flat rounds and fry in oil

### **Hollandaise sauce**

1 Egg  
180g Butter (melted)  
Lemon Juice

Whisk the egg and add the butter slowly while whisking, add the lemon juice

### **Tzatziki for Haloumi Sandwich**

Cucumber (grated)  
Onion (chopped)  
Yoghurt  
Salt, Pepper

### **Coriander dressing for Chicken Wrap**

Yoghurt  
Coriander  
Salt, Pepper

### **Blue Cheese dressing, for Green salad**

Yoghurt  
Blue cheese  
Salt, Pepper  
Onion (chopped)

### **Mint dressing for Oak tree salad**

30ml Raspberry Vinegar  
15ml Lemon juice  
2ml Garlic  
5ml Dijon Mustard  
5ml Sugar  
15ml Mint (shredded)  
½cup Olive Oil